

Time Management

We have email, instant messaging, social media, video conferencing and the smart-phone. But the price of that connectedness can be overwhelming!

Instead of formulating a plan at the start of the week, or the start of the day, most people simply turn on their email and start working their way through the new messages. Control over the day, and what needs to be done during it, is handed over to the inbox. Important tasks get interrupted and delayed because people are not managing their activity or their projects effectively.

In this 4 hour course, the focus is on goal setting, prioritising and planning. We cannot manage time – the fact is we all get allocated the same number of hours every day – what we can manage however, is the activity we choose to fill our time with. And this is the secret to high personal productivity.



We all have the same amount of time available to us each day, but some people seem to get a lot more done than others. It's what we do with time that matters.

DATE:	Monday 6 November, 2017							
TIME:	12.30pm – 4.30pm							
TRAINER:	Dawn Russell – Director, the heartware® group							
VENUE:	to be confirmed							
COST:		Course Fee	Total					
	MBA Member eligible for CTF subsidy Non-member eligible for CTF subsidy MBA Member	\$570.00 - \$136.00^ \$620.00 - \$136.00^ \$570.00	\$434.00* \$484.00* \$570.00*					

Non-member

If you require further assistance, please contact us on 08 9921 5061 or email geraldton@mbawa.com



The Construction Training Fund provides funding support for training of eligible workers in the construction industry. We acknowledge the support of the Construction Training Fund in reducing costs of training for eligible workers.

\$620.00

\$620.00*

*Prices subject to change. ^Construction Training Fund (CTF) subsidy available for eligible course participants. This course is GST free.







TIME MANAGEMENT Monday 6 November, 2017 | 12.30pm – 4.30pm

<u>Please Note</u>: This course is subsidised by the Construction Training Fund (CTF) for eligible participants. Master Builders requires participants details be provided as indicated below, otherwise the full fee may apply.

PARTICIPANT DETAILS:

FARTICIFANT DETAILS.								
Surname:		First name:						
Date of birth:								
Mobile:	Email:							
Home address:								
Suburb:		Postcode:						
Job/Trade title:								
Job description (brief detail):								
EMPLOYER/COMPANY DETAILS:								
Master Builders member name:								
Employer/company name:								
Address:								
Suburb:	Postcode:							
Contact name:	Email:							
Phone:	Fax:		Mobile:					
Please tick the industry sector in	Comm	ommercial Housing Engineering						
PAYMENT DETAILS Payment MUST be received prior to the course date to secure your place & receive your confirmation. EMAIL: geraldton@mbawa.com FAX: 08 9965 5025 POST: Master Builders Association, P.O. Box 1525 Geraldton WA 6531								
Course CostsMaster BuilderEligible for CTF subsidy\$434.00 per pNot eligible for CTF subsidy\$570.00 per pPlease note that course costs subject to change.			erson erson	son \$484.00 per person son \$620.00 per person				
Method of Payment Cash Cheque Credit Card Money Order Amount: \$								
Credit Card Details (please tick): Bankcard MasterCard Visa								
Card number: /	/	-	Expiry date: /					
Cardholders name:	s	Signature:						
You <u>must</u> quote your INVOICE NUMBER as the reference when paying by Direct Deposit.								
Cancellation Notice A refund will not be provided for no shows on the day of the course, or cancellations less than 5 working days prior to the course date. You may, however, substitute another person up to 24 hours prior to the course.								

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